

# IMPORTANT WISHES

FROM A PERSON WITH DEMENTIA TO THEIR CAREGIVER

01

## **Make agreements with me.**

Don't argue.

02

## **Guide me.**

Never shame or embarrass me.

03

## **Reminiscence with me.**

Don't say: "remember."

04

## **I will do what I can.**

Don't ever say: "you cannot."

05

## **Encourage me, cheer me and affirm me.**

Don't put me down.

06

## **Talk with me not talk to me.**

Listen.

07

## **Calm me down.**

Don't preach.

08

## **Direct my attention.**

Don't rationalize.

09

## **Ask or show how to do.**

Don't order me to do this or that.

10

## **Reinforce.**

Don't force.



**HoviAcademy**  
*Mindset for quality*